

KINDERGARTEN - YEAR 6 HANDBOOK



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1. Welcome

1.1 About North Woodvale Primary School

Welcome to North Woodvale Primary School. We place high priority on excellence in teaching and learning, strong relationships and positive support for all children. We are a proud community focused school which provides a high quality, well-rounded education where every child's learning needs are met through high quality, evidence-based teaching practices. All staff are caring and strongly committed to provide an inclusive environment where every child has the opportunity to thrive. The school has a strong focus on continual improvement resulting in hard working students and dedicated teachers. Through our core values of 'Learning, Excellence, Equity and Care', North Woodvale focuses on mental health and wellbeing, enabling our students to be mindful, empathetic and purposeful contributors in society.

We hold the firm belief that open communication is clearly evidenced in effective schools and is critical in maintaining positive relationships between the school and the community. It is this strong relationship that helps makes North Woodvale a great school.

Whilst there are a number of factors that improve outcomes for students, it is clear that the quality of the teacher has the greatest impact and we ensure that there is quality curriculum and instruction being delivered in every classroom, every day.

North Woodvale staff have high expectations of themselves, the students and believe that a positive tone across the school is critical to student success.

Our students, your children, are at the heart of everything we do, and we look forward to continuing our positive partnership with you.

1.2 School Contact information

Our School telephone number is 6207 2300 Our School Address 4 Chichester Drive, Woodvale Email - northwoodvale.ps@education.wa.edu.au

Principal – Mr Andrew Schmidt Deputy Principal – Mrs Teresa Reeve Deputy Principal – Mr Thomas Hills

The Office is open from 8:00am-4:00pm.

When phoning the school please give the front office staff your message which will be delivered when possible. If you wish to speak confidentially about your child, please make an appointment with the teacher. This enables staff to sit down and give their full attention to you and your child. Please be assured that any query or problem would be treated in the utmost confidence.

1.3 Term Dates

The term planner and important dates are sent out by a Connect notice at the beginning of the year and at the start of each term. These are also available on our website https://northwoodvale.wa.edu.au/calendar/

Semester 1: 2025

Term 1	Wednesday 5th February	Students commence	
	Term 1 Break: Saturday 12th April – Sunday 27th April		
Term 2	Tuesday 29th April	Students commence	
	Term 2 Break: Saturday 5th July – S	unday 20th July	

Semester 2: 2025

Term 3	Tuesday 22nd July	Students commence	
	Term 3 Break: Saturday 27th September – Sunday 12th October		
Term 3 Break. Saturday 27th September Sunday 12th October			
Term 4	Monday 13th October	Students commence	
	Term 4 Break commences Friday 19th December		

1.3 School Bell Times

SCHOOL BEGINS	8.45am	
RECESS	10.35 am – 10.55 am	
LUNCH	12.35pm – 1.20 pm	
END OF SCHOOL	3.00 pm	

2. School Information

2.1 Arrivals and Departures

Children are discouraged from arriving at school before 8:30 am unless they are scheduled to participate in an organised school activity. All arrivals after 8:45 am will need to go through the front office, provide a reason, and collect a late card. Families who are habitually late will be required to attend an attendance meeting to develop a plan to improve attendance.

Students leaving the school grounds during school hours must be signed out through the office before being collected from their classrooms. All students are expected to exit the school grounds by 3:20 after school.

2.2 Duty of Care

In order to protect children, no child will be allowed to leave kindergarten or pre-primary unaccompanied, or with a person other than their parent/carer, without notification from their parent/carer. In regard to older siblings collecting their brother or sister, this needs to be negotiated with Administration staff. Please wait outside your child's classroom until they are dismissed for collection.

For safety reasons, please <u>DO NOT</u> allow your child/children to play on the outside equipment before classes commence. Children must be supervised on playgrounds after classes are dismissed.

The library is supervised from 08:15am until 08:30am. Classroom doors open at 08:30am to allow children to settle before formal instruction commences. Please be aware that this is part of the teachers' preparation time and as such you are welcome to sit with your child and complete a quiet activity. At 8:45am please allow the teachers to start lessons. It is very important that your child arrives and is collected on time. This will avoid any unnecessary distress that your child may experience due to lateness.

2.3 Absent from School

The Department of Education's Student Attendance Policy states that "any child whose attendance falls below 90% is at educational risk".

Vacations during school term are considered an unauthorised absence and cannot be approved by the school. As we have regulated break times during the course of the academic year, we ask that families consider taking children out of the educational program very carefully. This minimises the risk of children missing out on key elements of the learning program and falling behind in their academic progress and achievement. All families considering a vacation during school term will need to notify the principal.

An absentee email is requested when your child/children return to school if you have not advised the reason for their absence. Please advise the School of your child/children's absence before 9.30 am, absences can be sent through the following options:

Email to northwoodvale.ps@education.wa.edu.au Telephone the front office 6207 2300.

2.4 Parent Participation – Parent Help Roster

We greatly value the assistance provided by parent helpers within the school community. The parent/carer roster provides an opportunity for you to observe and interact with your own as well as other children. A parent roster will be communicated via your classroom teacher and made available outside your child's classroom for you to add your name to as a parent helper. Our school has parent roster for in classroom activities and outside of classroom rosters such as canteen, carnivals and P&C ran events.

All visitors to North Woodvale Primary School are required to complete an induction. To complete this, please come into the school office. It's just a matter of scanning a barcode to complete.

Please be aware helpers other than parents will require a working with children card. Forms are available in the school office for completion.

2.7 Records/Information

Please advise the office of any changes to addresses, phone numbers, emails and medical information as we need to be able to contact parents quickly if children are unwell.

Please notify staff if your child has any form of medical condition or other circumstances that may affect their wellbeing. Staff will then be able to cater for the needs of students if they remain fully informed of any change to their typical routine.

In some circumstances a form will need to be filled in with the procedure that we need to follow in case of an emergency. We are only able to administer any medication, when all necessary paperwork has been completed. These forms are available from the front office.

Within the first few weeks of the school year commencing each student will take home a "Student Update Form" to confirm the information that we have on file or to make necessary corrections.

2.8 Medical Policy

It is the responsibility of parents and guardians to provide the school with written information relevant to the health of their child. An emergency plan will be developed for students with serious medical conditions. Such a plan will result following consultation between parent or guardian, family doctor and school. The school must be notified immediately if medical information changes.

The Department of Education has a strict policy on the administering of medication in schools. No staff member is allowed to give a child medication unless the correct forms have been completed by parents for short term medication, or, the prescribing doctor if medication is long term. Parents can obtain these forms from the office or our school website.

2.8 Children transferring schools

Parents are requested to give us at least one week notice when children transfer to another school. This will provide adequate time to enable the staff to ensure that all records, books, reports etc have been completed or checked prior to your child's departure.

2.8 Incursions/Excursions Money Collections

Students may participate in excursions that consolidate classroom learning in an offsite environment as well as school incursions during the year. A permission note be sent out notifying parents/ caregivers of the activity. This will need to be completed and returned to the class teacher prior to the excursion. Specific learning activities are made available to all students,

Money for excursions and incursions can be paid to the school by EFTPOS or transferred electronically into the school bank account. Full instructions will be on excursion/incursion forms when you receive them. Payment plans can be arranged through the office to cover the cost of these, as incursions and excursions are an important part of the learning program. Students who do not pay for activities will not be able to attend and will be provided with an alternative activity in which the student can achieve similar educational outcomes.

2.9 Canteen

At North Woodvale Primary School, we are proud to have a 5day-a-week canteen that is open for both recess and lunch. This means our students are able to enjoy freshly made food daily and parents have this as an added convenience.

There are 2 options to order:

- To take advantage of ordering online simply go to the www.quickcliq.com.au and register.
- Alternatively, lunch orders can be handed into school canteen before start of school on a brown paper bag with the child's name, class, and correct money enclosed. Please fold to avoid money falling out.

Counter sales occur during recess and lunchtime for healthy treats. Multiple purchases of ice-creams or drinks are not permitted.

The canteen is only possible because of our dedicated Canteen Manager, Cathie Lynch who is assisted daily by 2 volunteer helpers. Volunteers can be involved as little as once a year or as regular as once a week. All parents, guardians and even grandparents are welcome.

Come in and give it a go and there is no compulsion to continue should you decide it is not for you. No experience is necessary. Training is provided. If you are interested, please phone Cathie on 6207 2308 or 0448 877 083.

2.10 School Uniform

Second Hand Uniforms are available from the Community Hub. This is an honour system. All prices and sizes and Account details are found inside the cupboard door. Payment by Bank Transfer only payable to P&C.

Our Uniform Supplier is Uniform Concepts - their office is located at 5/7 Delage St, Joondalup. You can order our Uniforms online - <u>Uniform Concepts - Total Apparel Management - Nell Gray</u>

2.12 Mobile Devices in Public Schools

The Department of Education does not permit student use of mobile phones in public schools unless for medical or teacher directed educational purpose. Students from Kindergarten - Year 6 are not permitted to have mobile phones in their possession during the school day; teachers will determine an appropriate storage area for mobile phones for students. Students are required to put their smart watches in 'aeroplane mode' so phone calls and messages cannot be sent or received during the school day. The School's Mobile Policy can be found on our website.

2.12 Lost Property

Lost property is a concern both to the school and parents who meet the cost of replacing items. To address these concerns, we ask parents to be very conscientious in clearly marking names on all items of clothing, lunch boxes and drink containers. Our School lost property can be found outside the First Aid Room.

3. Communication

We pride ourselves on our positive relationship that is evident between the school and the community in which it serves. A critical component of our relationship is the positive and respectful manner in which we communicate.

There are many pathways a parent can take to ensure effective, clear communication with the highly trained professionals who look after your children at North Woodvale Primary School.

The school's website has a range of information that parents, and community members will find useful.

Additionally, the school has an active P&C and a committed School Board - they help to maintain our critical partnerships with the school community.

When communicating with teaching professionals, please:

- Speak respectfully, honestly and with integrity.
- Trust in the professional judgements of the teaching team and school administrators.
- Be constructive with your questions and comments.
- Communicate directly with us rather than relying on second hand information.

Remember that your child is a very important member of the class however as they are one of many, there are high demands on teachers and while all communication is important, when you email our staff, please be aware that we will endeavour to get back to you in a timely manner however it may not be immediate.

We encourage you to contact your child's teacher if you have any concerns about your child or want to celebrate about how your child is performing. Speak to the classroom teacher at an appropriate time, make an appointment or send an email.

3.1 Connect Now

Our school uses "Connect" which is available to download as an App. Connect Now is an integrated online environment developed by the Department of Education WA for staff, students, and parents in public schools for communication, learning, and collaboration. Your secure login details to Connect include a P-number and Password which will be emailed to you once your child has started school. There are step-by-step guides available for parents on the Connect website: https://connect.det.wa.edu.au/group/staff/ui/learn/guides

3.2 Facebook

To keep up to date on school activities – please like our Facebook page "North Woodvale Primary School". You can also join "North Woodvale Primary School P&C" on Facebook. This group is designed as an information resource to keep members of our school family updated on P&C business and important events.

3.3 MGM Outreach

This is a direct school communication to your mobile phone which is used to notify you of your child's absence. You can reply to the message to confirm the details or call us on 6207 2300 to discuss.

4. School Grounds

4.1 Parking

Access to school is via Chichester Drive. Please do not use the staff car park (main carpark and early childhood carpark) as this has limited parking for school staff. We ask parents to respect this rule as movement of children through this area is a safety issue.

4.2 Dogs on School Grounds

The Department of Education's policy regarding dogs in and around school grounds states, "Dogs should not be on school grounds unless part of a school organised event. This includes dogs owned by school staff. There is no "safe" dog. Small dogs account for more than half of serious attacks on children. Friendly dogs are still a risk around children. Family pets account for 40% of attacks." For the safety of our students, staff and visitors it is important that everyone respects and follows this advice as requests to remove pets may offend.

4.3 Bicycles and Scooters

Students who ride to school are required by law to wear a helmet. Bicycles and scooters must be placed in the bicycle racks provided near the middle block, they should be chained or padlocked to the racks during school hours. Bicycles, scooters, skateboards, etc are not to be ridden inside school grounds.

5. School Community

5.1 Getting Involved at North Woodvale Primary School

- Attend whole school events such as our annual mental health and wellbeing day (Grow Your Mind Day), athletics carnivals, sporting events and assemblies.
- Join the P&C and volunteer at community events.
- Nominate for the School Board.
- Volunteer in the canteen.
- Talk to your child's teacher about being a parent helper.

By involving your family in these sorts of activities, you can increase a collective sense of belonging in our community.

5.2 Parents and Citizens Association

North Woodvale Primary School has an active P&C Association. All parents are welcome to attend meetings and are encouraged to become involved in their activities which support the welfare and development of the school. Dates for P&C monthly meetings are advertised through our school Facebook page and noted on the Term planner.

5.3 School Board

Excellence in schools requires a commitment to continuous improvement and quality whole school self-assessment. Highly effective schools direct their energies and resources towards the improvement of learning to maximise achievement and realise the potential of all students. Our School Board acts in the best interests of our students and has an important role in our school's governance.

5.4 Book Club – Scholastic

The P&C circulate opportunities for you to participate in purchasing books for your child approximately twice a term. If you wish to purchase items, please follow the details on the form for an online ordering system.

6. Contributions and Charges and Personal Items

6.2 What to send to school.

School Bag: A school bag of at least 35cm x 50cm is the recommended size. A back-pack that is large enough to carry home schoolwork, a lunch box, water bottle and spare clothing is required.

Lunch Box: We are a "Nut and Allergy Aware" school and we strongly discourage lollies and chocolate treats in lunchboxes at school. We encourage minimal packaging in lunch boxes.

Hats: It is vital that all children wear a broad brimmed hat while playing outside as we have a "No Hat, No Play Policy". This policy remains in force throughout the year. Children who do not have a hat available are asked to remain in the sun protected areas while the other children are at play.

Shoes: Shoes that children are able to take off and put on themselves are highly recommended. Please, no gumboots or thongs – for safety reasons. We recommend sturdy shoes and sandals with VELCRO fastening to encourage independence and lessen children's frustration with long laces and floppy elastic.

Kindergarten students are strongly encouraged to wear the school uniform. Boys and girls are encouraged to climb and explore the use of equipment, so comfortable and non-restrictive clothing is essential. Please remember it is inevitable that the children will sometimes come home dirty. A spare set of clothes and underwear, clearly labelled with your child's name, is essential. These items need to remain in your child's bag and need to be repacked if they are required.

Sunscreen: Sunscreen should be applied to your child before they arrive for the day's programme. We are a SunSmart school and have Sunscreen in all learning areas for students to use.

Toys Please do not allow your child to bring his/her toys to school, thus avoiding upsets when things are lost or broken. Birthdays and 'news-telling requests by the teacher' are the only times when it is permissible to bring toys.

6.11 Children's Belongings

To minimise the possibility of distress due to accidental damage or loss, parents are urged to ensure their children do not bring items of value to school. We ask children not to bring electronic games, expensive watches, toys, jewellery or excessive amounts of money to school. Money should not be left in trays or on desks. Your cooperation is greatly appreciated.

6.2 Personal Use Items

Personal Use Items: A list of Personal Use Items will be distributed to you. It is important that you provide your child with each of the items on the list – which has been approved by the School Board. Please clearly label all personal belongings.

6.3 Voluntary Contributions

The North Woodvale Primary School Board endorse the Schools Voluntary Contributions. Whilst these contributions are voluntary, the quality of our teaching and learning program will be enhanced when each family makes its contribution to the cost of supplementing funding gained from other sources, including the State and Commonwealth Governments. All contributions are used for the direct benefit of children.

6.4 Birthdays

On your child's birthday you are welcome to send along small cakes (preferably cupcakes) enough to be cut easily into enough pieces for the class to share. Please inform the teacher the day before you bring the cake in. If you are giving out birthday cards or invitations, please do so privately. Reminder that we are a nut friendly school, please check with the classroom teacher if there are any other food related allergies. Cakes will be handed out at the end of the day.

7. <u>ICT</u>

7.1 Supporting your child with ICT

Information Communications Technologies (ICT) are becoming more readily available to our children every day. As a primary school our role is to prepare our students for the future. This must include learning to use computers and devices but also giving students the skills to conduct themselves in a safe and responsible way in digital environments. Cyber safety is covered in Years 3–6 alongside a Bring Your Own Device (BYOD) program where devices are integrated into the education program in preparation for how the students will work at Secondary School.

You can support and encourage your child's ICT usage by:

- Chatting regularly with your family about technology and how each of you are using it. Be interested in each other's online adventures.
- Using technology responsibly in shared spaces in your house.
- Agreeing agree upon your family's acceptable and safe use of technology.
- Ensure your child knows who they are interacting with online.
- Securing your child's passwords and ensuring they do not share these with anyone other than a parent or guardian.
- Monitoring and managing you and your child's digital footprint.
- Putting restrictions and parental controls on your child's devices (visit the school's website for more information on how to do this).

7.2 Bring Your Own Device (BYOD) Program

As learning transitions out of the classroom and into the world, students need a laptop built for life on the move. We are BYOD program from 3 which enables students to bring their own device to school and access software and applications through the school's network. Teachers have integrated devices into their learning programs and students have adapted very well.

8. Programs

8.1 Overview

The school has a strong mindset of continuous improvement resulting in hard working students, dedicated teachers, and a positive school culture. All teachers deliver high quality, differentiated learning resultant from a high level of instructional skills, tactics, and outstanding curriculum knowledge. This in combination enhances each child's success as a learner.

We provide positive support programs to focus on children's mental health and wellbeing in order for our students to be mindful, empathetic and purposeful contributors to society. With access to high quality learning opportunities in Science, The Arts, Languages and Physical Education we provide opportunities for students to excel in fun and challenging curriculum areas.

We actively promote children's learning through worthwhile and challenging experiences and interactions that foster high-level thinking skills. We use strategies such as modeling and demonstrating, open questioning, speculating, explaining, engaging in shared thinking and problem solving to extend children's thinking and learning.

8.1 Early Childhood – Kindy Program

Our programs and curriculum are based on the Early Years Learning Framework and Kindergarten Curriculum Guidelines as well as the National Quality Standards which has been implemented Australia wide in all early childhood and care settings. These three initiatives provide a framework of principles, practices, and outcomes for teachers to build the Kindergarten program. Our school recognises the importance of Kindergarten as a critically important starting point for effective literacy and numeracy teaching and learning.

We have a strong emphasis on purposeful play-based learning because this is the most appropriate stimulus for early brain development. It also acknowledges a child's social and emotional development.

We actively promote children's learning through worthwhile and challenging experiences and interactions that foster high-level thinking skills. We use strategies such as modeling and demonstrating, open questioning, speculating, explaining, engaging in shared thinking and problem solving to extend children's thinking and learning.

Your child will play.

Play is carefully structured and purposefully planned to provide intentional learning opportunities and is suited to the needs of the children. Literacy and Numeracy knowledge and skills are integrated in the play-based activities and experiences both indoors and outdoors. All children will be challenged appropriately by the activities to problem solve, practise, and extend their learning so that they may move towards reaching their full potential and enjoy success in their early childhood years and in the future.

Kindergarten activities will create a classroom atmosphere of cooperation, initiative and intellectual challenge. They foster the integration of emotional, social, cognitive and physical growth by providing learning in an enjoyable environment.

8.2 Kindy Attendance Roster

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Yongka/Ngoorlak	Dilert	Yongka/Ngoorlak	Dilert (Yongka/Ngoorlak
Week 2	Yongka/Ngoorlak	Dilert Dilert	Yongka/Ngoorlak	Dilert	Dilert (
Week 3	Yongka/Ngoorlak	Dilert Final	Yongka/Ngoorlak	Dilert Control	Yongka/Ngoorlak
Week 4	Yongka/Ngoorlak	Dilert (Yongka/Ngoorlak	Dilert Control	Diler†
Week 5	Yongka/Ngoorlak	Dilert	Yongka/Ngoorlak	Dilert Control	Yongka/Ngoorlak
Week 6	Yongka/Ngoorlak	Dilert (Yongka/Ngoorlak	Dilert (Diler†
Week 7	Yongka/Ngoorlak	Dilert File	Yongka/Ngoorlak	Dilert (Yongka/Ngoorlak
Week 8	Yongka/Ngoorlak	Dilert	Yongka/Ngoorlak	Dilert Control	Dilert (
Week 9	Yongka/Ngoorlak	Dilert Dilert	Yongka/Ngoorlak	Dilert (Yongka/Ngoorlak
Week 10	Yongka/Ngoorlak	Dilert	Yongka/Ngoorlak	Diler†	Dilert

8.2 Specialist Programs at North Woodvale

Science

We have a dedicated science room which is an ideal environment for learning science. The layout and design of the room is optimized to support collaborative learning and experimentation. Our specialised Science teacher provides students with a stimulating and immersive environment where they can actively engage with science concepts and develop their practical skills.

Japanese

Our specialised LOTE teacher actively engages our students with the Japanese language and culture, fostering a deeper appreciation and understanding of Japan and its people. We have a dedicated Japanese room that aims to create a dynamic and inclusive space where students can immerse themselves in their learning and development in this language.

Art

Our art room is a dynamic and inclusive space where students are empowered to explore their creativity, develop their artistic skills, and cultivate a lifelong passion for the arts. Our specialised art program is designed to inspire and nurture the artistic talents of our students, providing our students with the tools, resources, and support they need to explore and develop their artistic skills and creativity.

Music

Our specialist music teacher provides our students with a hands-on experience with a variety of musical instruments, allowing students to develop skills and discover their musical interests and talents. By fostering a culture of musical engagement and exploration, we aim to empower students to develop a lifelong love of music and to appreciate its transformative power in their lives and communities. We offer students to learn fundamental music concepts, including rhythm, melody, harmony.

North Woodvale also offer Instrumental scholarships, provided by the Instrumental Music School Services (IMSS) in trumpet, trombone, guitar clarinet and flute. There are a variety of ensembles such as choir for students to participate in on a weekly basis.

Sport and Health Education

Our school provides itself on our Physical Education program. There are a great range of sports our students will learn and play throughout their schooling. We believe in building every students' physical literacy, encouraging holistic lifelong learning through movement and fostering a commitment to a healthy, active lifestyle. Throughout the school year we compete in inter and intra school carnivals in a variety of sports such as athletics, AFL, soccer, netball, cricket and basketball.

Our school provides a weekly run club each Thursday commencing at 8.10am.

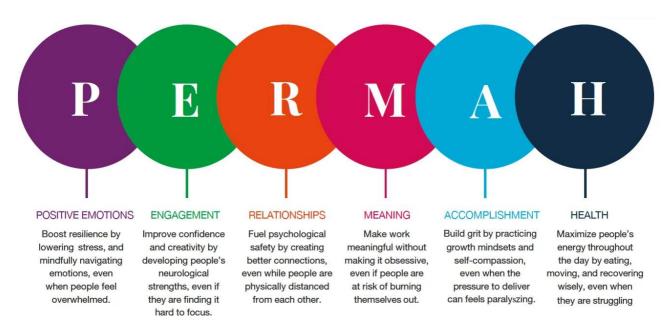
9. Health & Wellbeing

9.1 Health and Wellbeing at North Woodvale Primary School

Health and Wellbeing is at the forefront of what we do here at North Woodvale Primary School. Our school fosters positive emotions and relationships in order to strengthen overall wellbeing, academic performance and achievement. It is embedded in our school plans through evidence-based programs, explicit teaching, mindfulness and student leadership.

We have developed our positive approach to mental health and wellbeing based on the belief that the skills needed to flourish in life can be taught. Our students explore a range of skills and harness character strengths to improve wellbeing, enabling them to become flourishing members of society. At North Woodvale, our vision is to provide our students with opportunities to flourish and help them to learn for life. Our health and wellbeing practices support our school to achieve this by encouraging our students to be creative, positive, resilient learners who are innovative thinkers and compassionate community members. It builds wellbeing and strength to live a meaningful and thriving life.

At North Woodvale, we care about the mental health and wellbeing of your child. We actively seek to build students' sense of connectedness and belonging, guided by the PERMAH model of Positive Education.



At North Woodvale Primary School, we foster the development of students' social and emotional skills through a variety of avenues, such as:

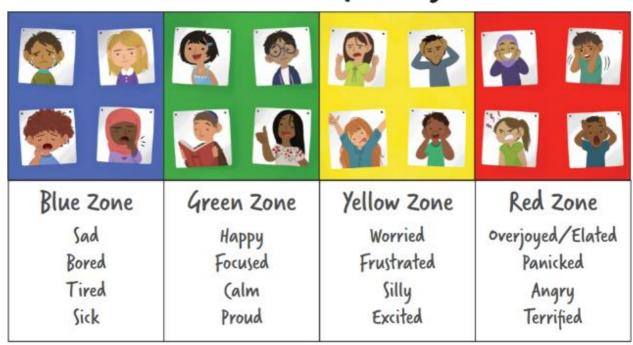
URSTRONG Friendology Program

URSTRONG is all about empowering kids with friendship skills. Students are given proven, skills-based strategies to help them build and maintain health friendships. Through the Friendology 101 curriculum, students, parents and staff are equipped with a common, easy-to-follow language of friendship.

Zones of Regulation

Feelings are complicated. To make them easier to talk about, think about, and regulate, The Zones of Regulation organizes our feelings, states of alertness, and energy levels into four coloured Zones – Blue, Green, Yellow, and Red. The simple, common language and visual structure of The Zones of Regulation helps make the complex skill of regulation more concrete for our students and those who support them. We learn to regulate our emotions to support our overall well-being.

The ZONES of Regulation



Resilience

A whole-school priority at North Woodvale is to provide students with the skills to be resilient through the explicit teaching of personal and social capabilities that foster resilience and wellbeing from Kindergarten to Year Six students. We have incorporated the use of Road Safety and Drug Education (SDERA) Challenges and Choices resources to increase students' understanding and awareness of concepts such as bullying, conflict resolution, communication skills, interpersonal skills, positive self-esteem, empathy and decision-making skills. The skills and attitudes taught are listed under four elements:

- 1. Self-awareness
- 2. Self-management
- 3. Social awareness

[

4. Social management

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Your child needs the personal skills and attitudes to help them bounce back from everyday challenges such as making mistakes, falling out with friends, getting a new teacher, moving to a new school or losing an important sporting match. Your child might also face more serious challenges such as family breakdown, adapting to a stepfamily, the illness or death of a family member or bullying.

Protective Behaviours

All students at North Woodvale participate in a comprehensive Protective Behaviours program. Protective Behaviours develops personal safety skills that can be used by children and young people to help keep them safe in different environments. The program includes independent living skills and personal safety which aims to strengthen the resilience of students and ensure their safety as they grow and develop.

9.2 Promoting Resilience and Positive Wellbeing at Home

All young people can build the personal skills for resilience. As a parent, you have a big role to play in helping.

You can do this by:

- When your child comes home from school, ask them what went well today and share your own experiences of successful parts of your day.
- Encourage your child to keep a gratitude journal or make time every day to express three things that they are grateful for.
- Focus on the idea of working hard, not being 'good' or 'bad' at something praise the effort and not necessarily the outcome.
- Provide clear boundaries regarding access to social media and screen time.
- Act, Belong, commit; encourage students to be part of the wider community by joining a sports team, club or volunteering.
- Encourage your child to exhibit North Woodvale's core values of care, empathy, excellence, and learning.
- Talk to your child about their network of trusted adults that are a support system and who they can turn to if they need help such as grandparents, aunts, uncles, or teachers.

9.3 Chaplain

Our chaplain works at our school two days a week. With a focus to care and support the students and families at North Woodvale Primary School. They work with small groups as well as individuals on a one-on-one basis when needed. If you require your child to speak with the Chaplain, please contact the classroom teacher and they will notify the chaplain.

9.4 School Psychologist

Our School Psychologist works at our school one day a week. Any concerns you may have with your child are first discussed with the class teacher. The teacher will then contact our psychologist on your behalf.

10.Extra-Curricular

10.1 Care for Kids OSHC

North Woodvale Primary School are fortunate to have onsite Kids Outside School Hours Care (OSHC) through Care for Kids. Our OSH is ran in our undercover area.

They provide before school care, after school care and vacation care. For more information please visit- North Woodvale Primary School | Care for Kids WA

Or email - woodvaleoshcnorth@careforkidswa.net.au

10.2 Before and After School Clubs

North Woodvale Primary School have built strong relationships with co-curricular providers in our school community, these include.

Tennis Lessons – Monday mornings –robinsontennis@iinet.net.au Guitar Lessons – Various afternoons –<u>nixguitarlessons@gmail.com</u> Cheer Leading – Thursday afternoons - <u>coastalcheerco23@gmail.com</u> Chess Club - Wednesday evenings - <u>rob.maris@perthchessclub.org.au</u>

11 Useful Information

11.1 Preparing your child for school.

The following list is intended to help prepare your child in a variety of developmental areas to make the transition into kindergarten as smooth as possible.

Oral Language Children's ability to communicate and use language affects their access and participation in education. In the early years of schooling, oral language competence is of particular importance because it underpins the emergence and ongoing development of reading, and broader literacy skills. Promoting oral language early provides the best opportunity to make a difference to children's education and life opportunities. To improve children's educational outcomes, we explicitly teach oral language skills.

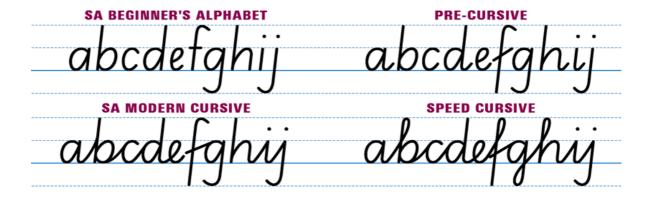
Read Books Every Day for at least 20 minutes. Without a doubt, this is the most important activity you can do to help your child develop language and reading skills. The 3 R's of Reading are Repetition, Rhythm and Rhyme. Children enjoy books about their world and having books read over and over. There are many interesting letter books to teach recognition and sounds. Visit your local library and perhaps your child can have their own card. Snuggle, bond, and cuddle while you share a love of reading.

After reading, ask your child what happened in the beginning, middle, and end of the story. Give your child plenty of opportunities to draw (without colouring books). Ask them to draw the things they see around them.

Follow 2 and 3-Step Instructions. "Please get your shoes and put them on." Velcro is one of the greatest inventions ever. "Go to the bathroom, flush the toilet, and wash your hands, please."

Handwriting. North Woodvale Primary School uses the South Australian Font to explicitly teach letter formation developmentally over each Phase of Learning.

Kindergarten to Year 1 students learn a foundation style of handwriting using the **South Australian Beginners Font.** In Year 2, students will be introduced to the South Australian Pre-Cursive font and from Year 3 onwards,
South Australian Modern Cursive is taught. Students learn how to join letters to form a cursive script.

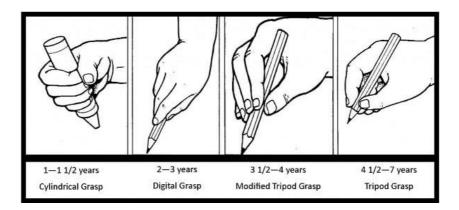


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Develop fine motor skills and help your child learn to hold their pencil. One of the most important decisions affecting the success of handwriting is the extent to which learners are taught and encouraged to develop basic techniques.

The tripod grip (see illustration) is the preferred grip but there may be developmental stages as learners move towards its achievement.

It takes time, patience and practice to have a proper pencil grip. Model and praise often, offer large crayons and pencils, and use playdough to develop muscles.



Numeracy

- Number Recognition and Concept: Help your child learn to count with concrete objects such as marbles, rocks, dolls, cars, beans, pasta. Play hopscotch then have your child place the correct number of items on each number.
- Have your child help you sort items according to colour, size, and shape (laundry, blocks, silverware, toys, and other household items work well).
- Teach your child to make various patterns (red, blue, red, blue). Garage sale dot stickers or craft pompoms are great for this purpose.
- Practice counting aloud to 20 while driving in the car.
- Teach your child numerals 1-10
- Count objects in your home. Have your child point to each object as they count.
- Go on a shape hunt. Point out circles, triangles, squares, and rectangles to your child while you are taking a walk or grocery shopping.
- Talk about positional and directional concepts like up/down, over/under, in/out, behind/in front, top/bottom, beside/between, off/on, stop/go.
- Talk about opposite words (big/little, empty/full, slow/fast.

Manners: Model saying please and thank you and listening without interrupting. Talk to your child about raising their hand when they want to ask the teacher a question.

Social Skills: Playing with other children teaches children how to share, take turns, communicate, and problem-solve.

Help Your Child Take Responsibility: Encourage them to clean up toys and messes, dress and use the bathroom by themselves, get own drink and healthy snacks, and take responsibility for their actions. Remember to praise your child often for their successes. Every day give hugs and tell them you love them. Communicate, listen, and answer their seemingly endless questions. A curious child's questions reflect their cognitive and emotional development.

Some Useful Websites:

- <u>Starting school Department of Education</u>
- www.education.com/resources/kindergarten
- Child and Family Health Service www.cyh.com
- www.@education.wa.edu.au
- National Quality Standard | ACECQA
- <u>k10outline Early Years Learning Framework (scsa.wa.edu.au)</u>
- NWPS Letters and Sounds Guide
- Helping Your Child at Home: An activity guide to support Early Reading and Phonics.

11 Conclusion

If you have any concerns about your child's progress, please make an appointment to see the class teacher to discuss these matters.

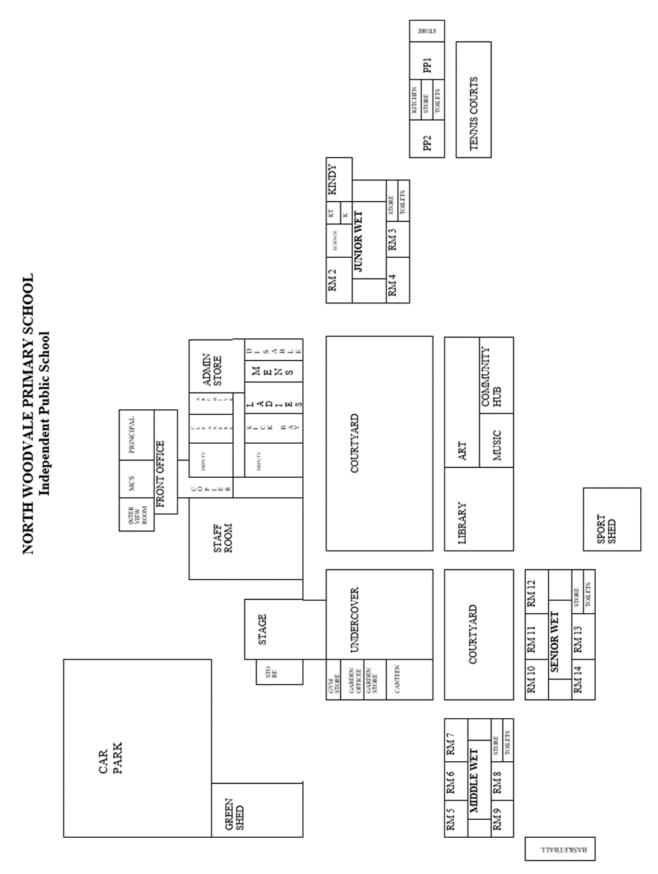
The school administration team are available to discuss any further concerns or policy matters with you. Our school values the partnership that we have in educating your child and welcomes your inquiry.

We look forward to having your child join our school community.



12 School Map

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